

## Curriculum Overview

PSHEE (Personal, Social, Health and Economic Education) and Citizenship education equips children and young people with knowledge, understanding, attitudes and practical skills to live healthy, safe, productive, fulfilled, capable and responsible lives. It encourages them to be enterprising and supports them in making effective transitions, positive learning and career choices and in managing their finances effectively. PSHEE education also enables children and young people to reflect on and clarify their own values and attitudes, and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future.

| Autumn  | Spring  | Summer  |
|---|---|---|
| <ul style="list-style-type: none"><li>• Our Tutor Group</li><li>• Puberty and Nutrition</li></ul> | <ul style="list-style-type: none"><li>• Substance Use and Misuse</li><li>• Relationships with Self and Others</li></ul> | <ul style="list-style-type: none"><li>• Personal Safety</li><li>• School Politics</li></ul> |

## Homework & Assessments Overview

Student progress will be continually assessed through their contributions and work in weekly PSHEE lessons, where they will be encouraged to reflect on their own learning. Students will also develop the skills to self and peer assess the work that they complete in PSHEE and Citizenship.

## Useful Resources

- Reading good quality newspapers
- Watching the News and documentaries
- Access to websites such as [www.bbc.co.uk/newsround](http://www.bbc.co.uk/newsround)
- Visiting the library to read a range of non-fiction and fiction texts

## Practical tips / activities for parents to support learning at home

The main way to help your child in this subject is to talk to them. A ten to fifteen minute conversation, not just about what they did in the subject that week, but about their emotional wellbeing, their friends, things they have seen in the media that raise issues or relate to the subject etc., can be a great boost to your child's growing ability to deal with the world around them in a positive way.