

CORE PHYSICAL EDUCATION CURRICULUM MAP PLAN

Yr 10	GCSE	BTEC	PE 1 – Respect	PE2 – Aspire	PE3 – Achieve	PE4 Respect – Girls	PE5- Aspire Girls
Half Term 1/1	Trampolining (Gym)	Training methods Multi Gym	Handball (Sportshall)	Football (Astro)	Netball (Courts)	Circuits (Gym)	Dodgeball (Studio)
Half Term 2/1	Trampolining (Gym)	Training methods Multi Gym	Football (Astro)	Handball (MUGA)	Circuit Training (Gym)	Netball (Courts)	Basketball Sportshall
Half Term 1/2	Badminton (Sports Hall)	Training methods Multi Gym	Badminton (Sportshall)	Football (Astro)	Handball (MUGA)	Dodgeball (Studio)	Dance (Drama)
Half Term 2/2	Handball (Astro)	Handball (Gym)	Football (MUGA)	Handball (Astro)	Dodgeball (Studio)	Dance (Drama)	Netball (Courts)
Half Term 1/3 (First 3 weeks)	Moderation Prep	Basketball Sportshall	Circuit Training (Gym)	Cricket (Muga)	Rounders (courts)	Badminton (Sportshall)	Football (Astro)
Half Term 2/3	Exam prep	Badminton (Sportshall)	Football (Astro)	Circuit Training (Gym)	Cricket (Courts)	Handball (Muga)	Badminton (Sportshall)

Yr 11	PE 1 – Respect	PE2 – Aspire	PE3 - Achieve	PE4- Respect – Girls	PE5- Aspire- Girls
Half Term 1/1	Handball (MUGA)	Football (Astro)	Dodgeball Dance studio	Circuits (Gym)	Netball (Courts)
Half Term 2/1	Football (Astro)	Basketball (Sportshall)	Circuit Training (Gym)	Netball (Courts)	Dodgeball Dance studio
Half Term 1/2	Dodgeball Dance studio	Circuit Training (Gym)	Football (Astro)	Basketball (Sportshall)	Handball (MUGA)
Half Term 2/2	Circuit Training (Gym)	Handball (MUGA)	Basketball OPP Astro	Football (Astro)	Basketball (Sportshall)
Half Term 1/3	Cricket (Muga)	Cricket (Courts)	Rounders (Weavers)	Rounders (Weavers)	Football (Astro)
Half Term 2/3	Football (Astro)	Football (Weavers)	Cricket (Courts)	Handball (Muga)	Basketball OPP Astro