

GCSE PHYSICAL EDUCATION

What Will I Be Studying?

Theoretical elements of the course:

- Applied Anatomy and Physiology
- Movement Analysis
- Principles of training
- Use of data
- Socio-cultural influences and well-being in physical activity and sport
- Health, fitness and well-being

Practical elements of the course:

- Handball
- Badminton
- Trampoline
- Table Tennis
- Futsal (Indoor Football)
- Rock climbing

How Will I Be Assessed?

The AQA is linear and all students will complete the assessments in the second year of the course.

Paper 1: The human body and movement in physical activity and sport Applied anatomy and physiology, Movement analysis, Physical training, Use of data Written exam: 1 hour 15 minutes, 78 marks, 30% of GCSE.

Paper 2: Socio-cultural influences and well-being in physical activity and sport

Sports psychology, Socio-cultural influences, Health, fitness and well-being, Use of data Written exam, 1 hour 15 minutes, 78 marks, 30% of GCSE.

Practical performance in physical activity and sport.

Practical performance in three different physical activities in the role of player/performer (one in a team activity, one in an individual activity and a third in either a team or in an individual activity). Analysis and evaluation of performance to bring about improvement in one activity.

Assessed by teachers, Moderated by AQA 100 marks 40% of GCSE for each of their three activities, students will be assessed in skills in progressive drills (10 marks per activity) and in the full context (15 marks per activity).

Students will also be assessed on their analysis (15 marks) and evaluation (10 marks) of performance.



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Who Would Enjoy This Course?

Pupils that have an interest and wish to do well in other sciences and social science courses. As a subject we reinforce and complement learning in Biology, Physics, Chemistry and Sociology. Pupils that wish to develop other skills that are needed for university applications such as communication, problem solving and teamwork.

Pupils that are interested in developing a wide range of experiences to complement university and college applications.

Everyone that wants to participate in sport, pupils that are practically very able are not at an advantage.

How Will This Course Help Me In The Future?

Physical Education provides an excellent foundation for students intending to pursue careers or higher education courses in; teaching, coaching, medicine, physiotherapy, sports development, the leisure industry, recreational management, health, leisure and fitness, sports science, public services and professional sport.