

TARGETED YOUTH SUPPORT (TYS) WORKSHOP SERIES 2/4

Understanding Emotional Based School Avoidance: A Parent's Guide

As part of our ongoing work with families, Targeted Youth Support has developed a series of practical workshops.

This supportive workshop is designed to help parents make sense of why some children struggle to attend school. We will look at the emotions behind avoidance, share real-life examples, and discuss effective ways to encourage your child back into school life. You will leave with practical tools and reassurance that small consistent steps can make a big difference.

**Thursday 29th January
12:30-2:30pm**

This session will be held at the Tower Hamlets Town Hall, 160 Whitechapel Road, London, E1 1BJ.

For more information about this workshop, or about Targeted Youth Support, please get in touch via e-mail: **targetedyouthsupport@towerhamlets.gov.uk**



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to get signed up**

