

First Aid Policy



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1. Aims

The aims of our first aid policy are to:

- Ensure the health and safety of all staff, pupils and visitors
- Ensure that staff and governors are aware of their responsibilities with regards to health and safety
- Provide a framework for responding to an incident and recording and reporting the outcomes

2. Legislation and guidance

This policy is based on advice from the Department for Education on [first aid in schools](#) and [health and safety in schools](#), and guidance from the Health and Safety Executive (HSE) on [incident reporting in schools](#), and the following legislation:

- [The Health and Safety \(First-Aid\) Regulations 1981](#), which state that employers must provide adequate and appropriate equipment and facilities to enable first aid to be administered to employees, and qualified first aid personnel
- [The Management of Health and Safety at Work Regulations 1992](#), which require employers to make an assessment of the risks to the health and safety of their employees
- [The Management of Health and Safety at Work Regulations 1999](#), which require employers to carry out risk assessments, make arrangements to implement necessary measures, and arrange for appropriate information and training
- [The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations \(RIDDOR\) 2013](#), which state that some accidents must be reported to the Health and Safety Executive (HSE), and set out the timeframe for this and how long records of such accidents must be kept
- [Social Security \(Claims and Payments\) Regulations 1979](#), which set out rules on the retention of accident records
- [The School Premises \(England\) Regulations 2012](#), which require that suitable space is provided to cater for the medical and therapy needs of pupils

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3. Roles and responsibilities

3.1 Appointed person(s) and first aiders

The school's medical leads are Pretrina Bryden & Teresa Reilly. They are first aid trained and responsible for:

- Taking charge when someone is injured or becomes ill
- Ensuring there is an adequate supply of medical materials in first aid kits, and replenishing the contents of these kits
- Ensuring that an ambulance or other professional medical help is summoned when appropriate
- The duties set out below also for first aiders

First aiders are listed in Appendix 1 and are trained and qualified to carry out the role (see section 7) and are responsible for:

- Acting as first responders to any incidents; they will assess the situation where there is an injured or ill person, and provide immediate and appropriate treatment
- Sending pupils home to recover, where necessary
- Filling in an accident report on the same day, or as soon as is reasonably practicable, after an incident (see the template in appendix 2)
- Keeping their contact details up to date

Our school's first aiders are listed in appendix 1. Their names will also be displayed prominently around the school.

3.2 The local authority and governing board

The London Borough of Tower Hamlets has ultimate responsibility for health and safety matters in the school, but delegates responsibility for the strategic management of such matters to the school's governing board.

The governing board delegates operational matters and day-to-day tasks to the headteacher and staff members.

3.3 The headteacher

The headteacher is responsible for the implementation of this policy, including:

- Ensuring that an appropriate number of trained first aid personnel are present in the school at all times
- Ensuring that first aiders have an appropriate qualification, keep training up to date and remain competent to perform their role
- Ensuring all staff are aware of first aid procedures
- Ensuring appropriate risk assessments are completed and appropriate measures are put in place
- Undertaking, or ensuring that managers undertake, risk assessments, as appropriate, and that appropriate measures are put in place
- Ensuring that adequate space is available for catering to the medical needs of pupils
- Reporting specified incidents to the HSE when necessary (see section 6)

3.4 Staff

School staff are responsible for:

- Ensuring they follow first aid procedures
- Ensuring they know who the first aiders in school are
- Completing accident reports (see appendix 2) for all incidents they attend to where a first aider is not called
- Informing the headteacher or their manager of any specific health conditions or first aid needs

4. First aid procedures

4.1 In-school procedures

In the event of an accident resulting in injury:

- The closest member of staff present will assess the seriousness of the injury and seek the assistance of a qualified first aider, if appropriate, who will provide the required first aid treatment
- The first aider, if called, will assess the injury and decide if further assistance is needed from a colleague or the emergency services. They will remain on the scene until help arrives
- The first aider will also decide whether the injured person should be moved or placed in a recovery position
- If the first aider judges that a pupil is too unwell to remain in school, parents will be contacted and asked to collect their child. Upon their arrival, the first aider will recommend next steps to the parents
- If emergency services are called, the medical lead or a member of SLT will contact parents immediately
- The first aider / relevant member of staff will complete an accident report form on the same day or as soon as is reasonably practical after an incident resulting in an injury

4.2 Off-site procedures

When taking pupils off the school premises, staff will ensure they always have the following:

- A school mobile phone
- A portable first aid kit including, at minimum:
 - A leaflet giving general advice on first aid
 - 6 individually wrapped sterile adhesive dressings
 - 1 large sterile unmedicated dressing
 - 2 triangular bandages – individually wrapped and preferably sterile
 - 2 safety pins
 - Individually wrapped moist cleansing wipes
 - 2 pairs of disposable gloves
 - Icepack
 - Heatpack
 - Sickbags
 - Eyewash
- Information about the specific medical needs of pupils
- Parents' / Carers contact details

When transporting pupils using a minibus or other large vehicle, the school will make sure the vehicle is equipped with a clearly marked first aid box containing, at minimum:

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- 30 Adhesive Plasters 1.9cm x 7.2cm
- Cleansing wet wipes (foil packed)
- 3 Low Adherent Dressing 7.5cm x 7.5cm
- 3 Adhesive Wound Dressing 7.5cm x 7.5cm
- 3 Absorbent Non-Woven Compress 10cm x 10cm
- 1 Trauma Pads 12.7cm x 22.9cm x 22.9cm
- 6 Sterile Gauze Swab 7.5cm x 7.5cm x 7.5cm – 8PLY
- 1 Elastic Bandage. Large Crepe
- 1 Elastic Bandage. Medium
- 1 Elastic Bandage. Small
- 2 Triangular bandages 90cm x 90cm x 127cm
- 1 Adhesive Tape Microporous
- 2 Absorbent non-woven eye compress 50mmx70mm
- 1 Eye wash
- 2 Finger Splints
- 2 Disposable Gloves
- 10 Cotton Tips
- Cotton Wool Balls
- 1 First Aid Blanket (Foil)
- 2 Instant Cold Compress
- 1 Rain Poncho
- 1 Rescue Whistle
- 1 Light Stick
- 1 Compass
- 1 Tweezer
- 1 Resuscitation Device
- 12 assorted safety pins
- 1 pair of rustproof blunt-ended scissors

Risk assessments will be completed by the trip lead / organiser prior to any educational visit that necessitates taking pupils off school premises.

5. First aid equipment

A typical first aid kit in our school will include the following:

The following is based on the HSE's Recommendation for a minimum first aid kit – adapt the list to reflect your school's first aid needs assessment and arrangements.

- A leaflet giving general advice on first aid
- 20 individually wrapped sterile adhesive dressings (assorted sizes)
- 2 sterile eye pads

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- 2 individually wrapped triangular bandages (preferably sterile)
- 6 safety pins
- 6 medium-sized individually wrapped sterile unmedicated wound dressings
- 2 large sterile individually wrapped unmedicated wound dressings
- 3 pairs of disposable gloves

No medication is kept in first aid kits.

First aid kits are stored in the places listed in Appendix 2.

There are 7 eyewash stations within the art and DT/Food tech classrooms

6. Record-keeping and reporting

6.1 First aid and accident record book

- An accident form will be completed by the first aider / relevant member of staff on the same day or as soon as possible after an incident resulting in an injury
- As much detail as possible should be supplied when reporting an accident, including all of the information included in the accident form at appendix 2
- A copy of the accident report form will also be added to the pupil's educational record by the Head's PA.
- Records held in the first aid and accident book will be retained by the school for a minimum of 3 years, in accordance with regulation 25 of the Social Security (Claims and Payments) Regulations 1979, and then securely disposed of

6.2 Reporting to the HSE

The school business manager will keep a record of any accident which results in a reportable injury, disease, or dangerous occurrence as defined in the RIDDOR 2013 legislation (regulations 4, 5, 6 and 7).

The school business manager will report these to the HSE as soon as is reasonably practicable and in any event within 10 days of the incident – except where indicated below. Fatal and major injuries and dangerous occurrences will be reported without delay (i.e. by telephone) and followed up in writing within 10 days.

School staff: reportable injuries, diseases or dangerous occurrences

These include:

- Death
- Specified injuries, which are:
 - Fractures, other than to fingers, thumbs and toes
 - Amputations
 - Any injury likely to lead to permanent loss of sight or reduction in sight
 - Any crush injury to the head or torso causing damage to the brain or internal organs
 - Serious burns (including scalding) which:
 - Covers more than 10% of the whole body's total surface area; or
 - Causes significant damage to the eyes, respiratory system or other vital organs

- Any scalping requiring hospital treatment
 - Any loss of consciousness caused by head injury or asphyxia
 - Any other injury arising from working in an enclosed space which leads to hypothermia or heat-induced illness, or requires resuscitation or admittance to hospital for more than 24 hours
- Work-related injuries that lead to an employee being away from work or unable to perform their normal work duties for more than 7 consecutive days (not including the day of the incident). In this case, the job title of relevant member of staff will report these to the HSE as soon as reasonably practicable and in any event within 15 days of the accident.
- Occupational diseases where a doctor has made a written diagnosis that the disease is linked to occupational exposure. These include:
- Carpal tunnel syndrome
 - Severe cramp of the hand or forearm
 - Occupational dermatitis, e.g. from exposure to strong acids or alkalis, including domestic bleach
 - Hand-arm vibration syndrome
 - Occupational asthma, e.g. from wood dust
 - Tendonitis or tenosynovitis of the hand or forearm
 - Any occupational cancer
 - Any disease attributed to an occupational exposure to a biological agent
- Near-miss events that do not result in an injury, but could have done. Examples of near-miss events relevant to schools include, but are not limited to:
- The collapse or failure of load-bearing parts of lifts and lifting equipment
 - The accidental release of a biological agent likely to cause severe human illness
 - The accidental release or escape of any substance that may cause a serious injury or damage to health
 - An electrical short circuit or overload causing a fire or explosion

Pupils and other people who are not at work (e.g. visitors): reportable injuries, diseases or dangerous occurrences

These include:

- Death of a person that arose from, or was in connection with, a work activity*
- An injury that arose from, or was in connection with, a work activity* and the person is taken directly from the scene of the accident to hospital for treatment

*An accident “arises out of” or is “connected with a work activity” if it was caused by:

- A failure in the way a work activity was organised (e.g. inadequate supervision of a field trip)
- The way equipment or substances were used (e.g. lifts, machinery, experiments etc); and/or
- The condition of the premises (e.g. poorly maintained or slippery floors)

Information on how to make a RIDDOR report is available here:

[How to make a RIDDOR report, HSE](http://www.hse.gov.uk/riddor/report.htm)
<http://www.hse.gov.uk/riddor/report.htm>

7. Training

All school staff are able to undertake first aid training if they would like to.

All first aiders must have completed a training course, and must hold a valid certificate of competence to show this. The school will keep a register of all trained first aiders, what training they have received and when this is valid until (see appendix 3).

The school will arrange for first aiders to retrain before their first aid certificates expire. In cases where a certificate expires, the school will arrange for staff to retake the full first aid course before being reinstated as a first aider.

8. Monitoring arrangements

This policy will be reviewed by the Safeguarding Lead on SLT lead every year.

At every review, the policy will be approved by the Community sub-committee or full governing board.

9. Links with other policies

This first aid policy is linked to the:

- Health and safety policy
- Risk assessment policy
- Policy on supporting pupils with medical conditions
- SEND and Inclusion Policy

Appendix 1: List of appointed persons (s) for first aid and / or trained first aiders

STAFF MEMBER'S NAME	ROLE	TYPE	DATE OF TRAINING	DATE OF TRAINING EXPIRY
Pretrina Bryden	Wellbeing & HUB Co-ordinator	Pulse 2 day refresher paediatric 1 st aid	19/09/2024	18/09/2027
Swapna Begum Ali	Cover & Behaviour Supervisor	Pulse 1 day incl Epi and Defib	07/12/2023	6/12/2026
Modoris Ali	Cover & Behaviour Supervisor	Pulse 1 day incl Epi and Defib	21/11/2023	20/11/2026
Jyostna Chudasama	Science Technician	Pulse 1 day incl Epi and Defib	24/10/2023	23/10/2026
Holly Davison	Teacher (PE)	Pulse 1 day incl Epi and Defib	21/11/2023	20/11/2026
Thaddeus Ndahura	Catering Manager	Pulse 1 day incl Epi and Defib	18/03/2025	17/03/2028
Tahmina Haque	Kitchen Assistant	Pulse 1 day incl Epi and Defib	03/02/2025	02/02/2028
Alhagie Jaffa	Exclusion Room Manager	Pulse 1 day incl Epi and Defib	04/09/2024	03/09/2027
Enayet Hossain	Behaviour Supervisor	Pulse 1 day incl Epi and	04/09/2024	03/09/2027

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		Defib		
Khadija Begum	Careers Coordinator	Pulse 1 day incl Epi and Defib	04/09/2024	03/09/2027
Terry Stimson	Site Manager	Pulse 1 day incl Epi and Defib	04/09/2024	03/09/2027
Sally Faulkner	Deputy Office Manager	Pulse 1 day incl Epi and Defib	04/09/2024	03/09/2027
Naviya Azmin	PA to Executive Head & Head of School	Pulse 1 day incl Epi and Defib	04/09/2024	03/09/2027
Diane Wells	Library Manager	Pulse 1 day incl Epi and Defib	21/11/2023	20/11/2026
Shelley Khatun	Aspire Co-ordinator	Pulse 1 day incl Epi and Defib	04/09/2024	03/09/2027
Shaheda Khatun	Deputy Office Manager	Pulse 1 day incl Epi and Defib	04/09/2024	03/09/2027
Luiza dal'Bello	Art & DT Technician	Pulse 1 day incl Epi and Defib	24/10/2023	23/10/2026
Mohima Khatun	Pastoral TA	Pulse 1 day incl Epi and Defib	24/10/2023	23/10/2026
Asima Bibi	Pastoral TA	Pulse 1	24/10/2023	23/10/2026

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		day incl Epi and Defib		
Abdullah Noor	Cover & Behaviour Supervisor	Pulse 1 day incl Epi and Defib	24/10/2023	23/10/2026
Inaya Yasmin	Office Assistant/Receptionist	Pulse 1 day incl Epi and Defib	24/10/2023	23/10/2026
Nasrin Chowdhury	Senior Inclusion Pastoral TA	Pulse 1 day incl Epi and Defib	24/10/2023	23/10/2026
Nasir Uddin	Media & Marketing Communications Manager	Pulse 1 day incl Epi and Defib	24/10/2023	23/10/2026
Umara Hussain	Deputy Leader for Safeguarding and Student Caseworker	St John's 1 st aid at work	27/07/2023	26/03/2026
Ripon Ali	Senior Pastoral Leader and Cover Supervisor	Pulse 3 day 1 st aid at work	21- 23/11/2023	20/11/2026
Teresa Reilly	Higher Level Teaching Assistant (SEND)	Pulse 3 day 1 st aid at work	21-23/11/23	20/11/2026
Emily Tighe	Designated Safeguarding Lead & SME Team Leader	Pulse 1 day incl Epi and Defib	04/08/2025	03/08/2028
Rosie Gavens	Office Manager	Pulse 1 day incl Epi and Defib	04/08/2025	03/08/2028
Mimy Bahati	Deputy Head of Kitchen	Pulse 1 day incl Epi and Defib	04/08/2025	03/08/2028

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Emelia Assibey	Kitchen Assistant	Pulse 1 day incl Epi and Defib	04/08/2025	03/08/2028
Paul Gibbons	Premises Assistant	Pulse 1 day incl Epi and Defib	04/08/2025	03/08/2028
Juwon Olaleye	Finance Assistant	Pulse 1 day incl Epi and Defib	04/08/2025	03/08/2028
Kathrin Meinicke	SBM	Pulse 1 day incl Epi and Defib	04/08/2025	03/08/2028

Appendix 2: First Aid Box Locations around the school

First Aid Box locations around the school	
Room 2/004	Maths office
Room 2/041	Humanities office
Room 1/038	English office
Room 1/050	M.F.L office
Room 1/008	Science office
Room M6	Music office
Room 0/075	S.E.N office
Room SF13	6th form office

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Room 0/027	P.E office
Room 0/118	D.T classroom
Kitchen	Kitchen office
Room 0/022	D.T Workshop
Room 0/030	D.T.classroom
Room 0/031	D.T classroom
Room 1/007	Science Lab
Room 1/009	Science classroom
Room 1/013	Science classroom
Room 1/015	Science classroom
Room 1/062	Science classroom
Room 1/064	Science classroom
Room 1/065	Science classroom
Room 1/066	Science classroom
Room 1/067	Science classroom
Room 1/068	Science classroom
Library	Library

Appendix 3: Accident report form

NAME OF INJURED PERSON		ROLE/CLASS	
DATE AND TIME OF INCIDENT		LOCATION OF INCIDENT	
INCIDENT DETAILS			
Describe in detail what happened, how it happened and what injuries the person incurred.			
ACTION TAKEN			
Describe the steps taken in response to the incident, including any first aid treatment and what happened to the injured person immediately afterwards.			
FOLLOW-UP ACTION REQUIRED			
Outline what steps the school will take to check on the injured person, and what it will do to reduce the risk of the incident happening again.			
NAME OF PERSON ATTENDING THE INCIDENT			
SIGNATURE		DATE	

Appendix 4: First aid training log

NAME/TYPE OF TRAINING	STAFF WHO ATTENDED (INDIVIDUAL STAFF MEMBERS OR GROUPS)	DATE ATTENDED	DATE FOR TRAINING TO BE RENEWED (WHERE APPLICABLE)
E.g. first aid			
E.g. paediatric first aid			
E.g. anaphylaxis			

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